

General Membership Meeting October 15, 2019 Central Jersey Family Health Consortium

Number of Attendees 29 (4 used the conference call line) Attendees: Sign in sheet to be held on file Meeting called to order at 10:30 am

Minutes by Ellen Shuzman and Jessica Libove

I.Welcome and Introductions

- A. Attendees introduced themselves
- B. Discussed if time of meeting was convenient for members- consensus was to keep 10 AM for networking and working and start of meeting at 10:30 AM
- II. Reviewed that goals for 2019
 - 1. To encourage people throughout NJ to attendee and to hold meetings in North, Central and South of state: goals met and attendance was around 30 attendees per meeting.
 - 2. To start to make system changes by listening to what stakeholders said at meetings: Ellen Maugham taking information to develop NJ Strategic Plan generated 5 possibilities from the meetings (See III . Possible ideas.)
- III. What are our goals for 2020? What can we reasonably expect to work on?
 - A. Group priorities –Possible ideas:
 - Grant writing for financial and educational/mentoring support of people on the pathwayfor IBCLC and CLC or equivalent- need involvement!
 Discussed needing volunteers to find grants, write the grants: Mary Turbek, ChanelleAndrews, DanielleTropea and Yarrow William-Cole will work on this goal.
 - a) Discussed need to get grants to support women of color becoming IBCLC, as well as other levels of offering lactation support. Currently Monetary Investment for Lactation Consultation Certification (MILCC) does offer grants to pay for the certification exam.
 - Need funding and strategies to deal with barriers to becoming IBCLC and/or other types of lactation support Including:

Access to mentoring
Information on how to become IBCLC and that it is a certification

Identification of what the woman's plan is after obtaining IBCLC Clarification of IBCLC, CLC, etc.

Types of employment possible if you are a nurse vs not a nurse with IBCLC How to get paid

- c) Suggestion that NJBC develop an information outline.
- d) Update on State of NJ on Licensure Bill State considers IBCLC education the minimum level for lactation licensure. More work being done to clarify other roles.
- 2. Partner to get out the word on Family Leave insurance
 - a) Information provided on Family Leave Insurance in NJ by Yarrow William-Cole; She provides education sessions on this topic. Time for father and mother to bond with child in NJ- benefits available to nonfederal employees who worked in the last 20 weeks. Benefits will change next July.
 - b) Brochure provided explaining Temporary Disability and Family Leave Insurance provided
 - c) For information go to myLeaveBenefits.nj.gov
 - d) Discussed NJBC possible, more comprehensive actions: table at baby Fair providing information/ toolkit . Target audience: parents, obstetricians, pediatricians, etc.
- 3. Partner to advocate for and report violations to the Hospital Regulations regarding Breastfeeding
 - a) 2014 NJ Hospital Regulations not well known. How can we help parents when not treated as they should be. What happens to patient complaints? Discussed if NJBC "should have a role as a watchdog"
 - b) Discussed barriers in getting hospitals to change practice. Idenified that culture change is a long process. Concern that partners may be alienated by NJBC advocating the reporting of non-compliance of hospital regulations to the DOH
 - a) Suggestion to create or adapt a Patient's Bill of Rights for Breastfeeding in the Hospital
- 4. Explaining and refining our demographic data collection/ Diversity Statement/ reasons/ how we will use the data
 - a) NJBC demographic data sheet for membership discussed
 - b) Questions and comments:
 - Why give list of choices for "my interest"
 - Add age (all agreed)
 - Add location/county served; zip code; have ability to click all that apply.
 - Capture length of time serving in lactation field and issues you are interested working on or skills to contribute
 - Belong to other breastfeeding related groups and if yes which ones
 - Ethnicity still obtaining information on best way to ask
 - Discussed why we need a statement on diversity comment made that need definitions and better explanation

- Remove clause "by diverse stakeholders"
- Concern over the number of fields that the website can accommodate
- B. Promoting resources regarding lead exposure and breastfeeding- Tabled discussion due to time
- C. Involve/ engage new members with Learning Communities / Constellations and Projects Not discussed at this meeting due to time constraints
- IV. Rutgers' Family Friendly Space on Cook Campus- informational
- V. Treasurer's report-Tabled report due to time constraints
- VI. Strategic Plan report-tabled report due to time constraints
- VII. Legislative report

DOH session on milk banking rules and accrediting milk banks, Requesting input; coalition if we want to submit testimony .

Meeting adjourned at 12:35 PM.

Minutes submitted by Ellen Shuzman on 10/23/19