INFORMATION ON BREASTFEEDING AND COVID-19

Updated April 28, 2020

Please find the latest information on COVID-19 and breastfeeding at the:

- World Health Organization FAQs on breastfeeding and COVID-19 plus a helpful pdf handout including decision tree on its last page regarding choice to breastfeed. breastfeeding and COVID-19 (updated 4/28/20)
- Academy of Breastfeeding Medicine website and article by ABM president Dr. Alison Steube: Should Infants Be Separated from their Mothers with COVID-19? First, Do No Harm
- CDC website and CDC information on infant feeding in disasters
  - Milk Handling for COVID-19 Positive or Suspected Mothers in the Hospital Setting by the Human Milk Banking Association of North America

The World Health Organization says the following:

Women with COVID-19 can breastfeed if they wish to do so. They should:

- Practice respiratory hygiene and wear a mask
- Wash hands before and after touching the baby
- Routinely clean and disinfect surfaces they have touched

WEBINAR: COVID-19: Infant Feeding during the Postpartum Period
https://zoom.us/rec/share/uN1Ef4n9zF5LXo2U-GDTdv8IMIDZeaa8gXJM-_YxEhnf53l6o3DIlrQXo0kV0hi

Other informational resources:
American Academy of Pediatrics Issues Guidance on Infants Born to Mothers with Suspected or Confirmed COVID-19

American College of Nurse Midwives on COVID-19

Women, Infant Children, NJDOH
https://www.state.nj.us/health/fhs/wic/nutrition-breastfeeding/

World Health Organization infographics


Interagency Working Group on Infant and Young Child Feeding in Emergencies: "Infant and Young Child Feeding in Emergencies Operational Guidance for Emergency Relief Staff and Programme Managers"

Lactation Consultant Practice Resources:

The International Lactation Consultant Association has compiled an extensive list of resources including ones on telehealth practices for lactation care providers

The International Board of Lactation Consultant Examiners has issued guidance documents for IBCLCs:
Advisory Opinion on Telehealth
Interim Use of Technology to Meet Pathways 1 and 2 Clinical Requirements

US Lactation Consultant Association list of resources