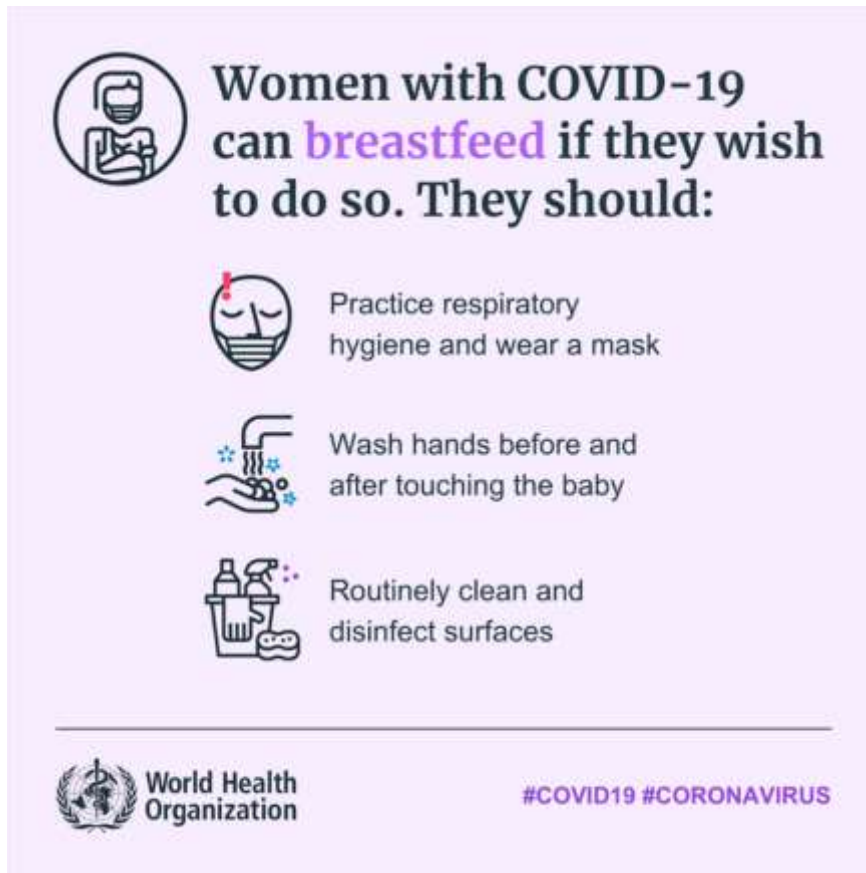


## INFORMATION ON BREASTFEEDING AND COVID-19

Updated April 28, 2020



**Women with COVID-19 can breastfeed if they wish to do so. They should:**

- Practice respiratory hygiene and wear a mask
- Wash hands before and after touching the baby
- Routinely clean and disinfect surfaces

World Health Organization #COVID19 #CORONAVIRUS

Please find the latest information on COVID-19 and breastfeeding at the:

- [World Health Organization FAQs](#) on breastfeeding and COVID-19 plus a helpful [pdf handout](#) including decision tree on its last page regarding choice to breastfeed. breastfeeding and COVID-19 (updated 4/28/20)
- [Academy of Breastfeeding Medicine](#) website and article by ABM president Dr. Alison Steube: [Should Infants Be Separated from their Mothers with COVID-19? First, Do No Harm](#)
- [CDC website](#) and

- CDC [information on infant feeding in disasters](#)
- [Milk Handling for COVID-19 Positive or Suspected Mothers in the Hospital Setting](#) by the Human Milk Banking Association of North America

The World Health Organization says the following:

Women with COVID-19 can breastfeed if they wish to do so. They should:

- Practice [respiratory hygiene](#) during feeding, [wearing a mask](#) where available;
- Wash hands before and after touching the baby;
- Routinely clean and disinfect surfaces they have touched.

**WEBINAR: COVID-19: Infant Feeding during the Postpartum Period**

<https://zoom.us/rec/share/uN1Ef4n9zF5LXo2U-GDTdv8IMIDZeaagXJM-YJxEhnf53l6o3DlIrQXo0kV0hi>

**Other informational resources:**

[American Academy of Pediatrics Issues Guidance on Infants Born to Mothers with Suspected or Confirmed COVID-19](#)

[American College of Nurse Midwives on COVID-19](#)

Women, Infant Children, NJDOH

<https://www.state.nj.us/health/fhs/wic/nutrition-breastfeeding/>

La Leche League COVID 19 BF information available for parents in multiple languages, <https://www.llli.org/coronavirus/>

World Health Organization infographics

<https://www.who.int/reproductivehealth/publications/emergencies/COVID-19-pregnancy-ipc-breastfeeding-infographics/en/>

National Association of Professional and Peer Lactation Supporters of Color, Statement on Infant Feeding in Disasters, <http://napppsc.org/page-18105>

US Office of Human Services, Infant Feeding during Disasters: <https://www.acf.hhs.gov/ohsepr/resource/infant-feeding-during-disasters>

Interagency Working Group on Infant and Young Child Feeding in Emergencies: "[Infant and Young Child Feeding in Emergencies Operational Guidance for Emergency Relief Staff and Programme Managers](#)"

**Lactation Consultant Practice Resources:**

The International Lactation Consultant Association has compiled an extensive [list of resources](#) including ones on telehealth practices for lactation care providers

The International Board of Lactation Consultant Examiners has issued guidance documents for IBCLCs: [Advisory Opinion on Telehealth](#)  
[Interim Use of Technology to Meet Pathways 1 and 2 Clinical Requirements](#)

US Lactation Consultant Association [list of resources](#)