

## INFORMATION ON BREASTFEEDING AND COVID-19

Please find the latest information on COVID-19 and breastfeeding at the [Academy of Breastfeeding Medicine](#) website, the [CDC website](#) and the [World Health Organization website](#). The World Health Organization says the following:

Yes. Women with COVID-19 can breastfeed if they wish to do so. They should:

- Practice [respiratory hygiene](#) during feeding, [wearing a mask](#) where available;
- Wash hands before and after touching the baby;
- Routinely clean and disinfect surfaces they have touched.