#### **CONTINUING EDUCATION**

#### Lactation

Application for CERPs has been submitted to IBLCE for 5.75 – L CERP's.

#### **Physicians**

#### JOINT PROVIDERSHIP STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Standards and Policies of the Medical Society of New Jersey through joint sponsorship of Meridian Health and the Monmouth Ocean Breastfeeding Consortium. Meridian Health is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

#### AMA CREDIT DESIGNATION STATEMENT

Meridian Health designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **DISCLOSURE STATEMENT**

Meridian Health, in approving activities for AMA PRA Category 1 Credit(s)™, adheres to the ACCME Standards for Commercial Support<sup>SM</sup>. Meridian Health is responsible for every aspect of the activity it certifies. Faculty and planners in a position to control content are expected to disclose relevant financial commercial relationships related to the activity. If a conflict is identified it is Meridian Health's responsibility to initiate a mechanism to resolve the conflict.

#### Nursing

This activity has been submitted to New Jersey State Nurses Association for approval to award contact hours. New Jersey State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

To receive a contact hour certificate, participants must attend each session and complete an evaluation.

For more information on continuing education please contact Ellen Shuzman at: 732-937-5437, ext 155 or <a href="mailto:eshuzman@cjfhc.org">eshuzman@cjfhc.org</a>

#### **Disclosures**

The planners and the following speakers: Amy E. Evans, MD, FAAP, CLEC, FABM and Rose St.Fleur, MD, FAAP, IBCLC do not have anything to disclose. Lisa M. Stellwagen, MD discloses that she is a speaker for Medela, Inc. and does not plan on discussing commercial products or services. There is no commercial support for this conference.

#### FACULTY

#### Lisa M. Stellwagen, MD

Lactation Director for the Supporting Premature Infant Nutrition Program at UC San Diego Medical Center, San Diego CA

#### Amy E. Evans, MD, FAAP, CLEC, FABM

Director of the Center for Breastfeeding Medicine, Community Regional Medical Center and the Mother's Resource Center, Fresno, CA International Liaison for the Academy of Breastfeeding Medicine

#### And

#### Rose St. Fleur, MD, FAAP, IBCLC

Medical Director, Center for Breastfeeding at Jersey Shore University
Medical Center, Neptune, NJ

### PROGRAM

## 7:30AM – 3:45PM

7:30 - 8:00A	Registration and Breakfast
8:00 - 8:15A	Welcome
	Joyce McKeever, MS, RN, IBCLC
8:15 - 9:00A	Milk and Marijuana—First Do No Harm
	Lisa M. Stellwagen, MD
9:00 - 9:45A	Improving Breastfeeding Rates for Infants at
	Risk for Neonatal Abstinence Syndrome
9:45 - 10:00A	Break
10:00 - 11:30A	Breastfeeding and Maternal Medications
	Amy E. Evans, MD, FAAP, CLEC, FABM
11:30 - 12:30P	Lunch
12:30 - 1:45P	Case Study Presentation- Panel
	Amy E. Evans, MD, FAAP, CLEC, FABM
	Lisa M. Stellwagen, MD
	Rose St. Fleur, MD, FAAP, IBCLC
1:45 - 2:00P	Break
2:00 - 3:30P	Breastfeeding and Maternal Infections
	Amy E. Evans, MD, FAAP, CLEC, FABM
3:30 - 3:45P	Evaluations

The Monmouth/Ocean Breastfeeding Consortium seeks to encourage, support, protect, and promote breastfeeding through education, beginning in pregnancy and continuing into the first year of life. Our membership is drawn from the following groups and professions:

nutritionists maternal/child health nurses
physicians community health nurses
pharmacists breastfeeding peer counselors
nurse-midwives community-based support groups

lactation consultants childbirth educators parents

#### REGISTRATION

August 3, 2016

(Please Print)

Name	<del></del>	
Address		
City		
State	ZIP	
TitleCre	edentials (e.g. MD, RN, IBCLC, other)	
Phone	. •	
Agency/Institution		
*Email Address: *Your email will be used to send confirmation and access to conference handouts.		
*Payment must accompany registration*		
No Purchase Orders Accepte Do you require a Kosher mea		
Early Registration (postmarked by July 15)	\$95.00	
Late Registration (postmarked after July 15)	\$110.00	
After July 29, call first for availability. Questions? Call Susan Mayer at (732) 471-9306.		

Make check payable to:

Monmouth/Ocean Breastfeeding Consortium

Mail to:

MOBC 888 Main St. Belford, NJ 07718

requested in writing before lu

<u>Refunds</u> may be requested in writing before July 15. No refunds will be granted after July 15 or for "no-shows". Registrations may be transferred to a colleague.

# The Monmouth/Ocean E 888 Main Street Belford, NJ 07718 Wednesday, August 3, 2016 Medications and Drugs: Current Issues

for Breastfeeding

**Breastfeeding Consortium** 

# **Medication and Drugs: Current Issues for Breastfeeding**

**Featuring** 

Lisa M. Stellwagen, MD

And

Amy E. Evans, MD, FAAP, CLEC, FABM

Wednesday, August 3, 2016

NEPTUNE HIGH SCHOOL PERFORMING ARTS CENTER NEPTUNE, NJ



Provided by the MONMOUTH/OCEAN **BREASTFEEDING CONSORTIUM** 

Co-Provided by Jersey Shore University Medical Center

#### TARGET AUDIENCE

Lactation Consultants, Breastfeeding Counselors, Nurses, Physicians, Midwives, Social Workers, Psychologists, and Dietitians

#### **GOAL**

To provide professionals and other lactation support staff with current evidence-based recommendations and potential effects regarding the use of medications and drugs on the breastfeeding dyad.

#### **OBJECTIVES**

- Discuss the effects of maternal marijuana on the breastfed
- Discuss the benefits of breast milk for infants with NAS whose mothers are in a prescribed treatment.
- Review the pharmacology of how medications penetrate into breast milk during various stages of lactation.
- Analyze case studies of lactating mothers and their breastfed babies to determine management of medication issues and options.
- Discuss the treatment options for maternal infection in terms of safety for the breastfeeding dyad.

#### **DIRECTIONS**

Garden State Parkway North or South, Exit 100 to Route 33 East; Approximately 5 miles, make left onto Neptune Blvd. just past hospital, at light. High School is on the left about ¼ mile down.

Route 18, Exit 8-A, Route 33, Neptune; follow ramp to Route 33 East; then follow directions above

**Neptune Performing Arts Center** 55 Neptune Blvd. Neptune, NJ 07753 Please park across the street at 60 Neptune Blvd, large north lot.

