**Taking the IBCLC Exam?**

**Get Ready:**

**A Day To Study**

**Featuring**

**Kay Hoover**

**Alicia Dermer**

**And**

**Photos-Photos-Photos**

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**September 14, 2016**

**8:30am to 5:00pm**

**At**

**Central Jersey**

**Family Health Consortium**

**Lakeside Office Building**

**2 King Arthur Court**

**North Brunswick, NJ 08902**

**Kay Hoover,** **MEd, IBCLC, FILCA** has been a lactation consultant, assisting mothers and babies in a variety of settings and capacities for over 30 years. Kay has worked as a private practice lactation consultant, a hospital lactation consultant, the lactation consultant for the Philadelphia Department of Public Health and the Center for Childhood Obesity Research at the Pennsylvania State University She has presented workshops at national and international conferences Kay has co-authored The Breastfeeding Atlas. She has served on the board of the International Board of Lactation Consultant Examiners.

**Alicia Dermer, MD, IBCLC** is Clinical Associate Professor in the Department of Family Medicine at the Rutgers Robert Wood Johnson Medical Center. She has been a member of the Academy of Breastfeeding Medicine since its inception, and served on the Board of Directors of that organization for six years. Dr. Dermer’s mission is to improve breastfeeding outcomes by educating her colleagues in the healthcare professions on the subject of breastfeeding. She published “Breastfeeding: A Resource Guide for Physicians,” which has been used by medical institutions nationwide. Dr. Dermer has given breastfeeding presentations at national and international conferences, including the Society of Teachers of Family Medicine and the Academy of Breastfeeding Medicine.

**Zanenge Ifan,** **BS, MPA, IBCLC** managed the Gateway Maternal and Child Health Consortium Breastfeeding program, the Trinitas Hospital WIC Breastfeeding program and lactation services at University Medical Center of Princeton at Plainsboro. She is currently affiliated with Princeton Nassau Pediatrics, providing lactation services in their various offices. She is past president of the N J Breastfeeding Coalition.

**Elizabeth E. Piano BS, MA, RN** Elizabeth has been faculty at Felician College and William Paterson University, a staff nurse in labor and delivery, in maternal-newborn care and in Pediatric Intensive Care, a lactation consultant in hospitals, in private settings and the WIC program. She is an active committee member in developing the ”Breastfeeding Support Course for Nurses” at CJFHC .and teaches in the 2 day BF course.

## FACULTY

**8:30 Registration and Welcome**

**9:00 The Beginnings**

Lactogenesis

Important Properties of Human Milk

**Elizabeth Piano**

**10:00 Break**

**10:15 What should I know?**

**Photos and Discussion:**

Appearance of Human Milk

Normal Appearance of The Newborn

Newborn Conditions Impacting

Breastfeeding

Conditions of Maternal Breasts and

Nipples

**Kay Hoover**

**12:15 LUNCH**

**12:45 What Else Should I Know?**

**Photos and Discussion:**

Developmental Stages

Techniques LCs Use to Support

Breastfeeding

**Kay Hoover**

**2:30 BREAK**

**2:45** **How to Answer Questions Using Photos**

**Alicia Dermer**

**4:00- Strategies for Taking the Exam**

**Q&A**

* List properties of human milk.
* List appearances of human milk.
* Identify normal newborn appearances.
* List newborn conditions impacting breastfeeding.
* Describe breast and nipple conditions impacting breastfeeding.
* Discuss developmental stages.
* Identify techniques used by LCs in difficult breastfeeding situations.
* List various test taking strategies
* Identify important aspects of photos, as they relate to questions.

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| NAME | |
| ADDRESS | |
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| PHONE | |
| EMAIL | |
| AFFILIATION | |
| PAYMENT: $130.00 | |
| CHECK-# | |
| PAYPAL | |
| VISA | |
| CARD NUMBER | EXP. |
| **Register on line at www.Vikmom.com**  **or** | |
| **Mail Registration and Check To:**  **Zee Ifan**  **43 White Meadow Road**  **Hillsborough, New Jersey 08844**  **Email-zeelactation@gmail.com**  **Call Zee @ 908-432-4378**  **Elizabeth @ 908-369-0723** | |

# OBJECTIVES

REGISTRATION

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**AGENDA**

**DIRECTIONS**

**Do not follow GPS, Google or Mapquest.**

**From Rt.1 North, enter service road just past Rt 131/ Milltown Road, follow service road, pass DeVry Univ., turn right at traffic light to Guard Station.**

**From Rt.1 South, take College Farm Road toward Squib Drive. Turn left at the traffic light. Proceed to Guard Station.**

**After Guard Station, Take 1st right (Silver Line Drive) to Stop sign. Turn left. Follow signs toward Lakeside West Offices. Turn right. Office is on left. Please do not park in marked spaces. You may be towed.**

**Additional Information**

**Park only in non- marked spaces. (You may be towed.)**

**Dress in layers; room temperature can fluctuate.**

**Lite breakfast, lunch, snacks are provided.**

**There are no CERPS provided**.

**There is no internet/WiFi reception.**